

JINDABYNE YABBIES



2019/2020

INFORMATION BOOK

www.jindabyneyabbies.com.au

Jindabyne Yabbies

Australia's Highest Surf Club

Situated on the shores of Lake Jindabyne at 918 metres above sea level at the Sailing Club you'll find Australia's highest surf lifesaving club, the Jindabyne Yabbies. Formed over 20 years ago when a group of Jindabyne locals became concerned about their children's water safety, especially when visiting the coast, a group of parents approached Tathra Surf Life Saving Club to help develop surf skills for the high country kids.

Since the formation in 1996 we have grown into a successful club and are the only competing inland surf club in Australia (Far South Coast Branch). The club now boasts 75 Junior and 35 Senior members. Each Thursday we host our famous After Training BBQ where it's common to see the club swell up to 200 people including family and friends.

We welcome all people to become an active or passive junior or senior member of our club. We pride ourselves on being family friendly and strive to make everyone's experience enjoyable. Just come down for a look or contact us for more information.

The vision of the club is to provide a safe, friendly and welcoming environment where both nippers and parents can learn about surf lifesaving.

Not having our own surf beach is no obstacle when joining you also join Tathra SLSC where you become a member and in such the ability to use their facilities and equipment. You must be proficient to do so and also check with the club before doing so. You are also welcome to join in with their Sunday morning Nippers should you feel the urge.



The Nipper Program

There are over 65,000 junior surf life savers in Australia. Nippers start learning about surf awareness and safety through Surf Life Saving Education Program (Surf Ed). They are also able to participate in board paddling, surfing, swimming, running, wading and many other fun activities. We do not teach children how to swim, however we will teach them surf and lake skill and educate them about the beach and lake environment. Nippers are encouraged to undertake regular swim training through a local club or pool.

Practising these skills allows children to participate in club and far south coast carnivals as Jindabyne and as Tathra in regional and state carnivals.

While competition is an important element, surf and lake awareness and education is a primary aim. Children are taught from a young age how to respect and read surf and the lake and how to use this to their advantage.

This is done in an environment which is unique to surf lifesaving in Jindabyne but which still embodies a fun, healthy lifestyle and camaraderie which is unique to Surf Life Saving.

Who can join Nippers?

Any child, boy or girl, may join once they have turned 5 years old. They do NOT have to be super competitors or athletes! One of the best features of Nippers is seeing young children overcome their fear of the water. Children who are afraid of the water can develop through encouragement, education and training to be confident in the surf and on the lake.

Age Group

A child may join the club as soon as he/she turns 5 years of age, but not before this date.

Age is determined as at 30th September each year.

Age Group	Age as at midnight 30 September 2019
U6	5 Years
U7	6 years
U8	7 years
U9	8 years
U10	9 years
U11	10 years
U12	11 years
U13	12 years
U14	13 years

Proficiency

There are two levels of proficiency:

- A. Junior participation skill evaluation, and
- B. Junior competition skill evaluation.

To ensure all our junior surf lifesavers are safe and continue to develop. All junior activity participants, U8 –U14 must successfully complete the junior participation skill evaluation (participation proficiency). The participation proficiency is NOT sufficient for nippers to take part in mid-week training or participate in competitions.

Nippers wishing to undertake all activities the club has to offer, and participate in carnivals both on the beach and in the surf are required to successfully complete the Junior Competition Skill Evaluation (competition proficiency).

Junior Preliminary Skills Evaluation

Junior members, from Under 8's up are required to participate in this evaluation (conducted by the club) prior to any junior water activity training or competition being undertaken.

AGE	SWIM	SURVIVAL FLOAT
U/8	25m swim any stroke	1 minute
U/9	25m swim any stroke	1.5 minutes
U/10	25m swim Freestyle	1.5 minutes
U/11	50m swim Freestyle	2 minutes
U/12	100m swim Freestyle	2 minutes
U/13	150m swim Freestyle	2 minutes
U/14	200m swim Freestyle (in less than 5 minutes)	3 minutes

Competition Skills Evaluation

The competition evaluation must be achieved before eligible to compete. This is a minimum standard water proficiency requirement.

A competition skills evaluation is not conducted for Under 8's as there is no water competition, except for wade which takes place in waist deep water.

All children wishing to compete in water events must complete the following:

AGE	SWIM
U/9	Minimum 150m open water swim (competition course as per competition manual)
U/10	Minimum 150m open water swim (competition course as per competition manual)
U/11	Minimum 288m open water swim (competition course as per competition manual)
U/12	Minimum 288m open water swim (competition course as per competition manual)
U/13	Minimum 288m open water swim (competition course as per competition manual)
U/14	Minimum 288m open water swim (competition course as per competition manual)

Carnivals

Far South Coast Branch (FSC) conducts three junior carnivals during the season for age groups U8 to U14.

The carnivals are held as competition between nippers of different clubs on the far south coast.

Individual and Relay Competition Events for Carnivals include:

- U8's: Individual Sprint, Beach Flags, Wade Race, Sprint Relay & Wade Relay.
- U9 & U10: Sprint, Flags, Sprint Relay, Surf Swim, Board Race, Swim Teams, Board relay.
- U11 – U14: Sprint, Flags, Sprint Relay, Surf Swim, Board Race, Swim Teams, Board Relay, Board Rescue & Iron Man.

Club Teams at Carnivals include:

- Cameron Relay, March Past, All Age Sprint Relay and All Age Board Relay.

Age and Club Championships

Age champion will be awarded for each gender of the U6 – U14 age groups. Points will be accumulated towards the age champion over the season as specified below. The Junior Surf Lifesaver with the highest cumulative points is ranked the highest. To be eligible to be an Age Group Champion a member must have attended and participated in:

- At least 10 normal nipper nights in Jindabyne
- A minimum of 1 FSC branch carnivals
- Completed the Competition proficiency prior to event in which the receive points for.
- Financial member of the club.

Subject to a member being eligible, points shall be awarded as follows:

- One point for every Thursday Nippers afternoon.
- One point for each event a member enters at the FSC carnivals.
- Branch Carnivals: Individual results

Overall Place in Final Only:	Points
1 st	5
2 nd	4
3 rd	3
4 th	2
5 th	1

- Branch Carnival : Team events
Each team member will receive the same points as above for above and respective placing's.
- No points will be awarded for all age event finals or March Past.

Safety in the water

The club president and captain will liaise before any children enter the water to ensure conditions are safe. The program may be cut short should conditions become unsafe.

The guidelines for water safety are laid down by Surf Life Saving Australia and must be adhered to by all. No activity will commence unless there is the correct number of water safety personnel.

Jindabyne Yabbies Committee has made it compulsory for any nipper (U8-U14) undertaking any water activity to wear a pink hi visibility singlet. No pink Singlet =No participation. These singlets with club logo are available for purchase at the club uniform shop.

Water safety Officers must be suitably qualified (Bronze medallion or SRC and proficient) and minimum numbers applies otherwise activities will be restricted to waist deep water.

Water safety officers must wear an orange cap during water activities.

Prohibited persons declaration

Every assistant of the club over the age of 18 who is in direct contact with children is required to complete a Prohibited Persons Declaration Form. The forms are available from the club.. This is a mandatory requirement that is legislated by NSW law to ensure the protection of all children.

Should there be any concern on this matter please speak directly with the club president.

CODE OF CONDUCT

Nipper code of behaviour

- Compete within the rules, and within the spirit of surf lifesaving and Jindabyne Yabbies
- Never argue with an official. If you disagree have your age manager approach the official during a break or after competition.
- Control your temper, verbal abuse of officials and sledging of other competitors, deliberately distracting or provoking an opponent are not acceptable or permitted behaviours.
- Work equally hard for yourself and /or your team.
- Be a good sport applaud all good performances whether they are given by Jindabyne Yabbies or other clubs.
- Treat all participants, as you would like to be treated. Do not bully any competitor.
- Co- operate with your age manager, team mates and officials without them there would be no competition.
- Participate for your own enjoyment and benefit, not just to please parents and coaches.
- Respect the equipment you use, wash it and return it after use. Report any damage to club captain.
- Respect the club house, leave it tidy.
- Make friends for life.

Parent code of behaviour

- Remember that their child participates in surf lifesaving for their own enjoyment.
- Focus on their child's efforts and performance rather than winning or losing.
- Show appreciation for all good performance by all competitors.
- Never ridicule or yell at your child or other children for making a mistake.
- Respect official's decisions and teach their child to do likewise.
- Not physically or verbally abuse or harass anyone associated with the activities (eg, coach, official, age manager, etc)
- Be a positive role model for others.

Club contact details

President

Marty Firle

0411497185